



## NEWS RELEASE

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### **AnMed Health opens the first Baby Café in South Carolina**

*(Anderson, S.C. – September 3, 2019)* – AnMed Health will open a Baby Café for breastfeeding moms to find help and help each other. The mission of the Baby Café is to provide a place for breastfeeding mothers to receive support and resources and the opportunity to share their experiences.

When Tricia White gave birth to her first child, she drove from Anderson to Greenville to attend a support group for breastfeeding moms. "I think it's going to be a great thing to have support close to home, and I would love to be a part of it when it opens," White said.

Every Thursday, beginning October 3, from 12:30 to 2:30 p.m., breastfeeding moms can drop-in at the Baby Café located in the Peggy Gardner Deane Room at the Women's and Children's Hospital, 2000 East Greenville Street in Anderson, S.C.

In addition to refreshments, support and breastfeeding information, moms will be able to check the weight of their bundle of joy on a baby scale.

The Baby Café was introduced and supported by Clemson Extension, which helps improve the quality of life of all South Carolinians by providing unbiased, research-based information through an array of public outreach programs in youth development, agriculture, food, nutrition and health and natural resources.

"They don't have to be a new mom. It's a support group for breastfeeding moms with no income requirements. They can show up and get the support that they need," said Shanna Sykes, Clemson Health Extension agent who provides health education to the public.

The Baby Café gives breastfeeding moms a chance to get out of the house and meet other moms like them. Moms with other children can bring them, but childcare is not provided.

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