Letter from Chief Nursing Officer – Shaunda Trotter

I am very excited and proud to share highlights for the past year. This report shares a year of hard work, dedication and success of our nursing team.

A few of the successes to highlight include Recruitment and Retention, Quality excellence and Workforce engagement. As we celebrated a decade of nursing retreats we brought together the largest team yet with the highest number of first time attendees. Our theme of “2020-We have a Vision” lead us to a redesign of the nursing strategic plan to align our goals with the organization goals. We continue to see our turnover rate below the national rate and celebrate an increase in our Nursing Engagement scores through our staff engagement survey. We engaged with DNV (hospital accreditation) to make significant strides in quality and safety as evidence by our most recent survey.

Additional areas of nursing success in 2019 included our redesignation as a Bariatric Surgery Center of Excellence, Commission on Cancer Award, and obtaining the Stroke Center of Excellence. We have also performed innovative nursing care as demonstrated by nursing research regarding the American Heart Association’s Resuscitation Quality Improvement (RQI) program. The RQI research results were presented at the International Magnet Conference. AnMed Health is providing excellent and innovative care in which our nurses are the forefront.

I am so proud to share our 2019-2020 nursing annual report and want to thank each nurse that contributes to meeting the needs of the patients, families, and community we serve. This year will be another great year of change and progress. Many thanks to all for the tireless work and care you provide every day to ensure our patients and families receive high quality patient centered care and that nursing excellence is evident in all we do.

Sincerely,

Shaunda Trotter, RN, MSN
Chief Nursing Officer
Transformational Leadership

Raising the level of motivation and performance
Three AnMed Health nurses receive Palmetto Gold Awards

The South Carolina Nurses Foundation has recognized three AnMed Health nurses as among the state’s best. Amy Goodson, faith community nurse coordinator; Beth Hunt, 6 South nurse manager; and Jay Wright, director of critical care and cardiovascular services are among the recipients of the 2019 Palmetto Gold Awards.

Palmetto Gold Awards are given each year to 100 nurses in South Carolina who exemplify excellence in nursing and have a proven commitment to their profession. The recipients of the award are selected through a nomination process that includes nurses from across the state.

Each year, AnMed Health nominates six of its annual Gold Standard Nursing Award winners for the Palmetto Gold Awards. “They are outstanding examples of caring professionals dedicated to nursing, and we are very proud of them,” said Shaunda Trotter, vice president of nursing and chief nursing officer. The Palmetto Gold Program, which began in 2001, is a statewide nursing recognition program that showcases nurses’ contributions to patient care and raises scholarship funds for students who want to become a registered nurse.

The South Carolina Nurses Foundation honored this year’s recipients during its 18th Annual Palmetto Gold Gala on April 27 at the Columbia Metropolitan Convention Center.

Recognizing STAR Service winner

Resource Team Staff Nurse JeRita Sherard went the extra mile for a patient admitted to the coronary intensive care unit (CICU) who had left her iPad at the skilled nursing facility where she lived. The patient would use her iPad to Skype daily with her son who is stationed in Germany. When the patient was brought to AnMed Health, her iPad was left behind. After her 12-hour shift, Sherard went to the skilled nursing facility, picked up the iPad and brought it to the patient. The patient was able to Skype with her son the next morning, and she regained some of her regular routines which reduced her anxiety.

Shaunda Trotter receives top honors in nursing leadership

AnMed Health Assistant Vice President of Nursing and Chief Nursing Officer Shaunda Trotter received the South Carolina Nursing Excellence Leadership Award. Trotter has been instrumental in advocating for nurses at AnMed Health and throughout South Carolina. At AnMed Health, her advocacy has included the implementation of several outstanding programs that focus on recruitment and retention of nurses by working with Tri-County Technical College and Anderson University.
Her efforts have enabled AnMed Health registered nurses, who graduate with an associate’s degree in nursing from Tri-County Technical College, to obtain a Bachelor of Science in nursing at Anderson University for a reduced cost.

“We are excited about the leadership programs that Shaunda has developed or implemented at AnMed Health. We can only imagine what this innovative transformational leader will accomplish in the years to come,” said Lisa Leary, Magnet program coordinator and National Database of Nursing Quality Indicators coordinator.

Nursing leaders from around the state were anonymously nominated for the award.

**Recognizing STAR Service winners**

AnMed Health Cath Lab Prep and Recovery Registered Nurse **Olivia Preisch** went above and beyond on a day that was full of emergencies. Preisch assisted with patients and kept families updated on loved one’s condition. In one case, she made sure a patient’s teenage son had food and was not alone during a traumatic situation. She even sat in the critical care unit (CCU) with the son after her shift. Sadly, the patient passed away, and Preisch remained with the patient’s son until the other family members arrived.

**Amber Pottmeyer wins first TIGR Award for improving patient experience scores through videos**

When 6 South Case Manager **Amber Pottmeyer**, RN, joined the adult surgical unit, she asked if there was anything that she could do to help the unit improve. Pottmeyer wound up taking on the task of getting patients to view the unit’s TIGR (pronounced tiger) videos. The educational videos focus on different topics about the patient’s care. Patients tune into one of the education channels, 61-68, on the television in their room to watch videos related to their condition, procedures and treatments while at AnMed Health and regarding their discharge. To get the videos viewed, Pottmeyer consistently assigned videos for patients to view, and 6 South nurses followed up by playing the videos for patients. Pottmeyer even played the videos for patients during her rounds. Pottmeyer’s dedication has paid off. There has been a significant improvement in the unit’s patient experience scores. The unit exceeded its target for communicating with nurses, and it saw an increase in patients understanding how to take their medications when discharged. Further, several other units have asked for guidance on how to get patients to view the videos.

For the outstanding job of getting patients to view the videos, Pottmeyer earned the first TIGR S.T.R.I.P.E Award from AnMed Health Training and Organizational Development. S.T.R.I.P.E stands for Staff member or Team Recognition for Impactful Patient Education. “I feel honored to get the award. I’m happy to make a difference and help other units,” Pottmeyer said.
Any staff member or team in direct contact with patients and families who use the TIGR system is eligible for the award. Individuals can nominate themselves. Also, an entire team or a unit can be nominated. Nominations are due by the 15th of each month. The winner will be announced on the first of the following month. Winners will be presented with an award certificate and highlighted in Gold Standard.

AnMed Health’s Gold Standard Nursing Award recipients

Three AnMed Health nurses are the latest recipients of AnMed Health’s Gold Standard Nursing Award. Emergency Services Nurse Manager Tara Devido is a recipient of the Leader Award. Assistant Vice President, Oncology Services Samantha Carter in the Cancer Center Infusion Center also received the Leader Award. Intensive Care Unit Staff Nurse Amanda Smith was honored with the Gold Standard Nurse Award. Gold Standard Nursing Awards are given to honor registered nurses who embody AnMed Health’s mission, vision and building blocks. Nurses are nominated by their peers and the winners are selected through a blind scoring process.

Other nominees for the Gold Standard Award were Allison Kirby, Resource Team; Bailee Leighton, 6 South; Robert “Bob” Holcombe, Vascular Access; Heather Kay, CICU; Joyce Lawless, ED; Laura Kesler, Patient Placement; and Susan Kelley, CVICU.
Structural Empowerment

Empowering nurses to accomplish goals
AnMed Health recognized for less invasive approach to diagnosing lung cancer

Russell Smith suffered from chronic obstructive pulmonary disease, commonly known as COPD. He had been going for routine exams when one day, it was suggested that he get a CT Scan. Subsequent tests revealed a tumor in his lungs. Smith was a smoker at the time. The SPiN Thoracic Navigation System from Veran helped Smith’s physician find the malignant tumor. “The Veran navigation system allows us to go beyond where we can see in a deeper level of the lung and obtain a biopsy to make the diagnosis of lung cancer,” said Dr. Abhijit Raval, director of interventional pulmonary and pulmonary vascular disease.

“It has helped make a timely diagnosis of cancer without a very steep learning curve,” Dr. Raval said.

Dr. Raval and Dr. Chet Walters are the only AnMed Health pulmonologists who perform this procedure and use this equipment. For the 50-year-old Anderson native, the procedure appeared less invasive. “It seemed that this procedure was pretty minimal. It meant less time in the hospital and less time away from work. That was a big plus,” Smith said.

AnMed Health has been recognized as a Center of Excellence by Veran Medical Technologies, a step towards obtaining status as a center of excellence in lung cancer care. AnMed Health uses the SPiN Thoracic Navigation System to help physicians in the fight against lung cancer by providing earlier diagnosis and timely treatment. If a spot on a patient’s lungs is difficult to reach, the navigation system guides the pulmonary expert to the abnormality without major surgery. A biopsy is done under mild sedation and as an outpatient procedure. The navigation system procedure is covered by insurance, and it’s cost-effective by reducing the patient’s hospital stay and major surgeries.

With AnMed Health becoming a Veran Center of Excellence, there is a collective mission to transform the standard of care for early cancer diagnosis and treatment. Smith, who’s married, is cancer-free now. Radiation and chemotherapy were not needed. For now, he’s looking forward to returning to work and taking out his Pontoon boat on the lake.

“It has helped make a timely diagnosis of cancer without a very steep learning curve.”
AnMed Health Cancer Center earns national accreditation with commendation

The AnMed Health Cancer Center has received a three-year re-accreditation with commendation from the Commission on Cancer (CoC), a quality program of the American College of Surgeons (ACS). AnMed Health received its initial accreditation in 1984. AnMed Health Cancer Center earns national accreditation with commendation. To earn accreditation, a cancer program must meet or exceed the CoC quality care standards, be evaluated every three years through a survey process, and maintain levels of excellence in the delivery of comprehensive patient-centered care.

This accreditation is only awarded to a facility that exceeds standard requirements at the time of its triennial survey. Because it is a CoC-accredited cancer center, AnMed Health takes a multidisciplinary approach to treating cancer as a complex group of diseases that requires consultation among surgeons, medical and radiation oncologists, diagnostic radiologists, pathologists and other cancer specialists. This multidisciplinary partnership results in improved patient care and outcomes. “Receiving reaccreditation reaffirms our commitment to providing our patients and their families with state-of-the-art care and personal compassion that effective treatment requires,” said Samantha Carter, assistant vice president Oncology services.

AnMed Health earns new quality-based accreditation

AnMed Health has received accreditation from DNV GL Healthcare, a progressive accreditation program consistent with the hospital system’s long-term commitment to quality and patient safety. Accreditation is a must have credential for hospitals in order to participate in Medicare reimbursement. “DNV GL accreditation aligns beautifully with our strategic plan. It gives us a framework to work within to achieve our strategic objectives in patient safety,” according to Barbara Beverage, assistant vice president of patient safety, quality, and clinical effectiveness.

The DNV GL accreditation will allow AnMed Health to customize its efforts to address areas of need in its long-term commitment to quality and patient safety. DNV GL’s accreditation program integrates the ISO 9001 Quality Management System. “We believe the DNV GL program takes the entire process to another level with ISO 9001,” said AnMed Health CEO Bill Manson.

ISO 9001 is the world’s most trusted quality management system used by performance-driven organizations around the globe. “Our move to integrate ISO 9001 quality standards with our clinical and financial processes is a major step forward,” Manson said. AnMed Health experienced quality improvements when its lab went through the ISO process. The benefits of utilizing ISO 9001 standards helped AnMed Health’s laboratory services ensure timely, accurate and reliable test results and services. Highlights of the system included standardizing testing processes, document management practices, internal auditing, project planning, and the development of an ongoing review of quality system performance.
ISO certification is public evidence of AnMed Health's plan to make excellence a daily goal.

Historically, AnMed Health held accreditation from The Joint Commission (TJC), an independent, non-profit national body that oversees the safety and quality of health care and other services. “TJC provided a strong foundation for advancing patient safety. The DNV GL approach builds on this foundation and is a better match for our long-term quality and high-reliability objectives,” Beverage said.

DNV GL’s accreditation program, called NIAHO® (National Integrated Accreditation of Healthcare Organizations), involves conducting hospital surveys annually instead of every three years. It encourages hospitals to share information across departments openly to discover improvements in clinical workflows and safety protocols.

AnMed Health Earns Blue Distinction Centers Designation for cardiac care

Blue Cross Blue Shield has recognized AnMed Health with a Blue Distinction Centers for Cardiac Care designation, as part of the Blue Distinction Specialty Care program. Blue Distinction Centers are nationally designated providers that show expertise in delivering improved patient safety and better health outcomes, based on objective measures that were developed with input from the medical community and leading accreditation and quality organizations.

“AnMed Health is honored that Anderson area residents rely on our experts for outstanding cardiac care,” said Kathy Deloplaine, assistant vice president of cardiovascular service. “This designation confirms our commitment to provide our patients with top-notch services to improve and extend their quality of life.” To receive a Blue Distinction Centers designation, AnMed Health demonstrated expertise in delivering safe and effective cardiac care,

The cardiac MRI is used as a noninvasive method to diagnose heart muscle disease.
focusing on areas such as cardiac valve surgery and coronary artery bypass graft (CABG).

Hospitals recognized with the designation are assessed using a combination of quality information supplied by hospitals, third-party data registries, and cost measures derived from Blue Cross Blue Shield companies’ medical claims. According to the American Heart Association (AHA), cardiovascular disease is the leading cause of death globally and is expected to claim more than 23.6 million lives annually by 2030. Blue Distinction Centers for Cardiac Care seek to empower patients with the knowledge and tools to find quality cardiac care. couldn’t ask for better care. He said that everyone treated them with so much love, concern and professionalism. They enjoy coming to the Medical Infusion Center despite the hardship of travel. He said, “The benefit of coming in far exceeds the difficulty of getting here.”

**Drug Take Back Day**

You may have bottles of expired prescription or over the counter drugs, and you don’t know if you should flush them down the toilet or throw in the trash. We have a safer and environmentally friendly way of helping you dispose of the outdated drugs. Anderson area residents were able to drop off medications at the AnMed Health North Campus front parking lot across from the Walmart Neighborhood Market or the main parking lot of the Anderson Sports and Entertainment Center at 3027 Martin Luther King Jr. Boulevard on National Prescription Drug Take-Back Day and Shred Day, April 27 from 10 a.m.-2 p.m. Only pills were accepted. No liquids, insulin, inhalers or needles were accepted.

AnMed Health received the Impact Award for its Prescription Drug Take-Back Day program from the Society for Healthcare Volunteer Leaders last year. The award recognized volunteer services programs that have made a positive, significant impact on the healthcare organization or the local communities it serves.

**AnMed Health Cardiovascular Services recognized for excellence**

AnMed Health offers a range of high-quality heart and vascular services that rival those of world-class urban medical centers. The health system is often recognized for performance and patient satisfaction of its cardiovascular program. AnMed Health provides world-class treatment and excellent patient satisfaction close to home. There is no need to travel out of the area for the best quality, the best care and the best outcomes.

Most recently, Blue Cross Blue Shield recognized AnMed Health with a Blue Distinction Centers for Cardiac Care designation, as part of the Blue Distinction Specialty Care program. AnMed Health demonstrated expertise in delivering safe and effective cardiac care, focusing on areas such as cardiac valve surgery and coronary artery bypass graft (CABG).

“This designation confirms our commitment to provide our patients with top-notch services to improve and extend their quality of life,” said Kathy Deloplaine, assistant vice president of cardiovascular service.

AnMed Health cardiovascular patients have access to a broad range of solutions in state-of-the-art facilities from skilled, highly-trained doctors, nurses, and technologists. For example, one of these solutions is the CardioInsight vest, a 252-electrode vest that helps pinpoint the locations of electrical malfunctions in the heart that cause irregular heartbeats. Dr. Rick Henderson of AnMed Health Arrhythmia Specialists uses the vest in treating patients. His practice is the only one in South Carolina using the new device.
AnMed Health percent of all RNs BSN or greater

In 2010, the Institute of Medicine (IOM) issued The Future of Nursing: Leading Change, Advancing Health. This report shared the need for 80% of nurses obtain a bachelor’s degree in nursing (BSN) by 2020 to meet the more demanding and complex needs of patients.

The IOM’s recommendation for increased education is based on research findings that have demonstrated higher level of nursing education leads to lower patient mortality, inpatient deaths, and medication errors. The complex healthcare needs of patients is requiring more advanced skills to manage the complex patient needs that were not in the typical associate nursing degree curriculum.

AnMed Health requires newly hired registered nurses (RNs) obtain a BSN within four years of hire. Tuition assistance programs are available to assist with college tuition. In 2019, AnMed Health’s BSN rate was 65.32%.

AnMed Health Registered Nurse Certification

Registered Nurse (RN) Certification demonstrates nurses have the knowledge, skills, and experience to provide high quality care to patients and their families. Studies associate certification with a decrease in patient injury and mortality.

AnMed Health set a 2019 goal of a 1% increase of its nurses being certified. This goal was surpassed, with a 9% increase from 2019.
Exemplary Practice
Commitment to the highest standards
Radiation Oncology receives Team STAR

Radiation Oncology received a Team STAR Recognition award for obtaining 100% from January to April 2019 on the Press-Ganey patient satisfaction survey.

Young PROs conduct back-to-school supply drive

AnMed Health teammates donated 40 backpacks to students at McCants Middle School. The school is AnMed Health’s business-in-education partner. The backpacks were collected through a back-to-school drive conducted by AnMed Health’s Young Professionals Resource Group. Each backpack included about $50 worth of school supplies.

AnMed Health teammates support the LOT Project

In May, two separate groups of AnMed Health teammates organized collection drives to support the LOT Project. The LOT Project focuses on meeting the needs of Anderson’s most vulnerable residents by providing items many of us often take for granted. The Epic team generated a total of 6,106 items, including clothing, shoes, blankets, 300 personal care packets, and other toiletries. The Epic team also gave a $755 donation.

The AnMed Health Young Professionals Employee Resource Group also organized a collection drive in May during which 130 pairs of tennis shoes were collected for the LOT Project.

Members of the Young PROs who helped collect the backpacks include (l-r) Megan Garner, Courtney Scott, Kasim Aleckovic and Wendy Smith.
Young PROs in action

Members of AnMed Health’s Young Professionals Resource Group recently participated in United Way’s Day of Action. The day was set aside to perform community service projects that revolved around cleaning up or beautifying property in Anderson. The Young PROs cleaned up the yard at the Foothills Alliance Center, a place where victims of sexual abuse receive help.

AnMed Health Home Health clinicians use POM for safety

Home Care clinicians often work alone and can find themselves in threatening situations. Recently, an AnMed Health home health patient refused to let one of the clinicians leave. Although, eventually, the clinician left without injury, the incident highlights the need for safety precautions. In response to the incident, the AnMed Health Home Care’s Unit Council suggested researching a safety device to enhance clinician’s safety while in patients’ homes. Christi Getsinger, AnMed Health’s Home Health interim director along with Todd O’Quinn, AnMed Health director of safety and Marlee Dysart, AnMed Health safety operations manager, responded by implementing the use of POM, a state-of-the-art safety device. POM stands for Peace of Mind.

In early July, AnMed Health Home Care nurses and therapists began carrying POM. The device can be carried around the neck or on a key chain. In an emergency, the clinician can press the POM three times which will alert AnMed Health security. If security cannot reach the clinician on their mobile, the Anderson County Sheriff’s office will be contacted. Circumstances can make it difficult to call for help on a mobile phone. The POM is a one-touch safety device that can instantly connect health care workers to help. The POM provides a discreet and instant connection to emergency help with GPS location and audio recordings of the incident. The POM works by downloading the POM app to a cell phone and Bluetooth technology on the mobile device.

AnMed Health cardiac rehab nurses help patient with artificial heart prepare for human heart donor transplant

John Martin feels like a new man these days after receiving a donor heart in September 2019. The 59-year-old, married father of five, including two stepchildren, is now able to walk on the treadmill and live a pretty normal life. When Martin arrived at AnMed Health LifeChoice months before a heart transplant, he could barely move because he was always out of breath. The Anderson native was experiencing heart failure on both the left and right sides of his heart. Medication and a pacemaker failed to improve his heart condition, and Martin was quickly getting weaker. His only hope for survival was a heart transplant. Martin was referred by his local physician to a heart expert in Charlotte, N.C. Organ transplants are not performed at AnMed Health.

To keep him alive while waiting for a matching donor heart, surgeons removed the lower two chambers of Martin’s heart and implanted a battery-powered artificial heart. Just like a human heart, the artificial heart consisted of two ventricles and four
valves that pumped blood throughout the body. To keep the artificial heart beating, it was attached to a portable pump in a special bag that Martin carried on his shoulder or kept nearby and either plugged into an electrical outlet or cigarette lighter at all times. Martin also kept an extra pump and batteries in a backpack with him at all times. The life-saving mechanical device is commonly referred to as a "heart in a bag." With his artificial heart, Martin returned to Anderson to wait for a donor's heart and build up his strength for the demanding, arduous and tedious heart transplant.

Martin did outpatient cardiac strengthening at An-Med Health LifeChoice, where he met cardiac rehab nurses Rene Leaf and Freda Brock. After educating themselves on the do's and don'ts in cardiac rehab for a patient with an artificial heart, the nurses worked with Martin to help him get stronger.

Martin has been the only person in South Carolina with an artificial heart to participate in outpatient cardiac rehab while waiting for a donor's heart. The South Carolina Board of Nursing gave special approval for Martin to work out at LifeChoice, and the nurses who worked with him received special in-service training.

Martin continues to visit LifeChoice to exercise and spend time with the nurses who helped him get back to a reasonably normal life.
New Knowledge

Finding new and better ways to care
AnMed Health joins hospital safe zone initiative

Workplace violence is a major safety concern in hospitals and health care systems across the nation. The nature of violence includes bites, scratches, hitting and verbal assaults. Health care workers deal with four times the rate of workplace violence as workers in the private sector, according to the U.S. Occupation Safety and Health Administration (OSHA). A 2016 OSHA report states that health care workers suffer half of all workplace assaults. Most acts of violence against staff go unreported due to the fear of retaliation as well as the belief that workplace violence is a part of their job. AnMed Health has joined other South Carolina health care systems along with the South Carolina Hospital Association (SCHA) by pledging to be a part of Hospital Safe Zones.

Hospital Safe Zones were created to build a zero-tolerance environment for workplace violence within the state’s health care facilities. The zero-tolerance environment is achieved by raising awareness of workplace violence and encouraging health care workers to report incidents involving workplace violence. SCHA will also be meeting with state legislators to try to increase the penalty for workplace violence-related accidents.

Marlee Dysart, Workplace Violence committee member, said, “The hospital wants to raise awareness among staff that violence is not okay, reduce the violence and encourage workers to report incidents.”

AnMed Health staff can report incidents through the Midas RDE tab on the Zenworks window of all AnMed Health computers. Staff can also report the incidents to Security or Worker Safety.

In April of this year, the issue of workplace violence made headlines in South Carolina after two hospital shootings — one in Orangeburg and one in Clinton. AnMed Health’s Security department, along with the Workplace Violence committee, began exploring security enhancements to better mitigate and respond to workplace violence. One of these enhancements includes arming security officers with tasers starting in October.
Next year security leadership will begin carrying firearms. The security department is also exploring the possible implementation of a K-9 program. All of these efforts, along with the staff’s engagement, will help ensure AnMed Health continues to be the safest hospital in South Carolina, as recognized by OSHA’s Voluntary Protection Program (VPP).

Evidence Based Practice/Nursing Research Internship Program

AnMed Health has had a Nursing Research Internship Program to help nurses better understand the research process and provide assistance and guidance to nurses while performing a nursing research study. The program has consisted of scheduled educational sessions in a classroom setting prior to development of a research question and followed by the completion of a research project.

In 2019, the Internship program underwent multiple changes. Previous and current nursing participants provided feedback that scheduled classroom participation was challenging to attend due to busy work schedules, so in 2019 the classwork became available on line, and is self-paced to meet their needs. Another change was to include not only nursing research projects but also evidence based projects. Nursing research is about developing new nursing knowledge while evidence based practice (EBP) uses the best evidence available to make patient care decisions—most of the best evidence stems from research.

In 2019, the pilot year of the new EBP/Research Internship, two nurses completed their performed projects:

Kara Young (ICU) performed a Quality Improvement assessment of Compliance with the ABCDEF Bundle in Critical Care.

This bundle is performed to help decrease the incidence of delirium in hospitalized patients in the critical care setting. A total of 84 assessments were performed (August 1 –October 25, 2019) with an overall compliance of 43% of the bundle documented. The highest areas of documentation included pain assessment/treatment, family involvement and lack of benzodiazepine administration. Kara has submitted her abstract for this project to the 2020 Magnet Conference.

Michelle Owens (5 Center) is completing her EBP regarding patient hand washing/sanitizing upon to help prevent hospital acquired infections. Patients are educated and encouraged to wash their hands or use hand sanitizer upon admission to the room, and prior to each meal. This project is currently ongoing, and results should be available soon.
AnMed Health Nursing Research Studies

In 2019, AnMed Health's Evidence Based Practice/Nursing Research Council hosted a hospital wide showcase of nursing research and evidence based practice projects performed at AnMed Health.

Some of the current EBP/Research projects that are being conducted in 2019 include:

Newborn Health Outcomes and Perceptions of Prenatal Care Among Low Income Women - co investigated by Anna Harper.

Depression and Suicide Screening Pilot Test FAQ for National Database of Nursing Quality Indicators (NDNQI) principal investigator Lisa Leary.

Does Implementation of an Aromatherapy Program Change Nurses Attitudes toward Aromatherapy principal investigator Christina Hornbeck.


The Improving Resuscitation Outcomes at AnMed Health Using the Resuscitation Quality Improvement (RQI) Program was accepted as a poster presentation at the 2019 Magnet Conference in Orlando, Florida October 2019.
Empirical Outcomes
Measuring results to know what works
AnMed Health 2019 summer nurse externs

AnMed Health welcomed its 2019 summer nurse externs. This year’s class began June 17 and continued through August 8. The summer nurse extern program began in 2008 as a recruitment opportunity for upcoming nursing graduates. The program offers eight weeks of hands-on patient care for students working towards a bachelor’s of science degree in nursing who have completed their junior year or the first semester of their senior year. The externs work with a nurse every shift to see what it’s like to be a nurse. Each year, AnMed Health hires externs from applications submitted through Human Resources. Last year, AnMed Health hired 10 of the 12 externs from the 2018 class as registered nurses.

In 2019,
- 10 Externs from four Upstate SC Nursing Schools
- 7 continue employment at AnMed Health
6 South Adult Surgical Unit has had zero CAUTI’s in the past two years

A catheter associated urinary tract infection (CAUTI) is one of the most common infections a patient can contract in the hospital according to the American Association of Critical-Care Nurses. These infections account for more than 30% of infections and are associated with increased morbidity, mortality, hospital costs and length of stay. An estimated 380,000 infections and 9,000 deaths occur per year nationwide.
5 South Pulmonary Intermediate Step-Down Unit has had zero CLABSI infections in the past two years

Central line-associated bloodstream infections (CLABSI) occurs when bacteria or other germs enter the patient’s central line and enter the bloodstream. CLABSIs are associated with significant morbidity, mortality, and costs. CLABSIs are serious infections often leading to prolongation of hospital stays and lead to thousands of deaths per year.

Each year, approximately 41,000 blood stream infections are caused by contaminated central lines in U.S. hospitals according to the Centers for Disease Control and Prevention. Most of these infections can be prevented through careful cleaning and nursing care practices after a central line is inserted. An estimated 380,000 infections and 9,000 deaths occur per year nationwide.
Nursing Mission and Vision

Mission
Nursing Services at AnMed Health are committed to providing compassionate, competent, evidence based care while encouraging the community to become active in their healthcare care.

Vision
Our vision is to be recognized and celebrated within our community as the gold standard for nursing excellence.

AnMed Health remains one of only five hospitals in the state with Magnet® designation, demonstrating our commitment to excellent patient care.

The American Nurses Credentialing Center designated Magnet status for AnMed Health Medical Center, Women’s and Children’s Hospital, LifeChoice and AnMed Health Home Care.